

Autism Committee Minutes May 8, 2009

Present: Jenny Mays, SDUSD; Shelly Van Brabant, parent; Robbin Kulek, Area Board XIII; Debbie Marshall, Area Board XIII

Approval of March 2009 Minutes:

Jenny Mays motioned to approve the minutes and Shelly Van Brabant seconded the motion.

Meeting with San Diego Regional Center to discuss improving the CAPS facility:

Robbin indicated that a meeting was set for May 29th at noon with Dr. Lynne Gregory and Michael Raulston. Committee attendees would be Robbin Kulek, Lori Kay, Dr. Rochelle Voth, and Cherri Carey.

Remaining Discussion focused around creating a “Wish List” of items to improve the CAPS facility.

They are as follows:

- Sensory room
- TV/Computer room with cartoon videos, game systems and computer games
- Staff trained on how to handle individuals with Autism (behavioral training). Jenny volunteered to provide PowerPoint training.
- Center would have a resource pool of Autism Specialists
- Segregate Autism patient beds
- Structured intake process for parents. Maybe create a patient intake form that would outline patient history, special care instructions, fears, dislikes, favorite activities etc..
- Provide parents that have kids at risk information on how to deal with insurance company. Where does funding come from etc. This information could be presented to the parent by the Regional Center, Case Worker prior to a child going into crisis. A proactive indicator of a child going into crisis could be number of respite hrs. etc
- Dr. on site that is educated on what meds work best for kids with Autism
- Classroom the entails the following:
 - PECS (Mayer Johnson pecs software package)
 - Board makers program
 - Visual supports
 - Schedule system
- Outdoor swing or two.
- Headphones to block sound
- CD player for music

The next meeting will be held at the Mission Valley Library on July 10th at 12:30.